

NVTRP

Northern Virginia Therapeutic Riding Program

*Build to Thrive
Capital Campaign*



*Join us in making possibilities come alive for
children and adults who live with disabilities*





OUR MISSION

To provide equine-assisted activities to children and adults with disabilities, youth-at-risk, military service personnel, and their families in an inclusive, community setting

NVTRP HONORARY CAMPAIGN CHAIRS

Barry & Kim Trotz



Barry and Kim Trotz, and son Nolan, NVTRP rider.

“ We are proud to serve as the Honorary Co-Chairs of **Build to Thrive**. Thanks to this effort, each year 100’s of people with disabilities and recovering military personnel will get to experience new opportunities to thrive. To heal. To become more independent. To experience joy. And so much more. We sincerely hope you can join us in making Build to Thrive a reality.”

~ Barry and Kim Trotz
Head Coach, NHL Washington Capitals
Parents to NVTRP Rider, Nolan Trotz

BOARD

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Northern Virginia Therapeutic Riding Program
6429 Clifton Rd.
Clifton, VA 20124
www.nvtrp.org

At NVTRP we make possibilities come alive for children and adults with disabilities, youth-at-risk, and recovering military service personnel by harnessing the power of the horse!

Each week, over 100 riders come to NVTRP to experience freedom, success and acceptance. Through therapeutic riding and hippotherapy, our riders not only learn riding skills, but they also develop mobility, core strength, and self-esteem. Most importantly — **they realize what they can achieve** — the endless possibilities open to them—even in the face of daunting physical, emotional or cognitive challenges. The rider's unique relationship with our horses, as well as the warm environment fostered by our staff and almost 200 weekly volunteers, provides a safe space that supports and nurtures self-discovery and success.

A one million dollar gift from the O'Shaughnessy-Hurst Memorial Foundation allowed us to purchase our first permanent home in 2012, a 17 acre farm in Clifton, VA. The farm was formerly home to the Jane Marshall Dillon Junior Equitation School.

GROWING NVTRP'S IMPACT

In order to meet the growing demand for our services, and provide an enhanced experience for current riders, their families, and volunteers, we are embarking on a whole scale capital improvement project that will unleash our property's full potential.

THIS VISION INCLUDES

- The construction of a 17,000 square foot indoor riding arena, including a lesson observation room and restroom facilities.
- The development of a new and improved outdoor arena, relocated away from the road, providing a safer, more comfortable experience for our riders, equines, and volunteers
- Expanded parking, desperately needed to accommodate our growing number of riders, volunteers, and guests
- A fully accessible playground, that will allow children with disabilities to fully participate in this important form of childhood play with their siblings and other children
- Expansive infrastructure improvements, necessary to undergird all of the above and to lay the foundation for future capital improvements, including a new, larger barn and a therapy center. The therapy center will offer riders access to multiple therapeutic services--both equine and non-equine--all in one central location



Anyone who has worked with horses knows about the special magic that takes place when a horse and rider connect.

Highly intuitive animals, horses are extremely sensitive to our needs and emotions; a well-trained horse often serves as a rider's most effective therapist, human or otherwise.



OPPORTUNITY TO CONNECT

These improvements will allow current riders to continue progressing year-round, regardless of the weather. Equally exciting, the improvements will provide the opportunity to add new services, including equine-assisted psychotherapy, and to accommodate more riders. Presently, the staff must turn away requests for services almost daily. The waiting list for therapeutic riding currently stands at over a year, and for hippotherapy, at almost two years.

Perhaps most importantly, the capital improvement project will provide a stronger foundation on which to grow the size and scope of the NVTRP community. A community that offers people with disabilities a place where they belong, an opportunity to connect with others, and the inspiration to pursue goals they'd previously thought unattainable. In the words of one young rider's mom,

"Riding [at NVTRP] is Alyssa's happy place, and when I spend so much time watching her struggle, the chance to see her happy is a real gift."



Photo by: Kelsey Walne

NVTRP'S FUTURE

By donating to our Campaign, you join us in building a community that allows children and adults with disabilities, recovering military service personnel, and youth-at-risk to know the joy and possibilities that come from riding and working with horses. You help ensure that each and every NVTRP rider can experience a "happy place" of his or her own.

NVTRP's Campaign builds on our legacy of success and our commitment to children and adults who live with disabilities. Started 35 years ago by a small band of volunteers, today NVTRP provides close to 3,500 lessons to 250 unique riders each year, thanks to the dedication of our amazing horses, staff, and volunteers.

We invite you to contact us today to discuss the role you would like to play in shaping our next 35 years. Together, we can create a place that makes the impossible possible for people with disabilities.

"Horses have a way of forcing you to stay in the present, and not be swept away by memories, flashbacks, or panic attacks. The NVTRP lessons are individualized in a way that equips each rider with new life-skills, self-confidence, and coping mechanisms that aren't learned through other methods; I find these tools essential for me in transitioning from military to civilian life."

~ Angelee, Veteran, NVTRP Rider

"My horseback riding program (NVTRP) is for disabled children and young adults. It is very special to me that the horseback riding that I am doing is for people with disabilities and I am able to succeed even with Cerebral Palsy in my legs. My therapeutic riding stable is the only place where I feel like I fit in, like I was just a normal fully functional person. Nobody ever stares at my feet and asks me what is wrong with my legs, and I enjoy it. I also see how many children my age have major disabilities, like Muscular Dystrophy, and how lucky I am. My stable is truly a very special place."

~ Heather, 6th Grade NVTRP Rider



OUR PLANS

~ With your help, the Northern Virginia Therapeutic Riding Center of Excellence will become a reality. ~

To learn more about how you can join us in making possibilities come alive for children and adults who live with disabilities please contact Development Director: **WENDY BAIRD**, wbaird@nvtrp.org, 703.764.0269



KEY DONORS

| | |
|-----------------------------|--------------------|
| Total Project Cost | \$3,460,000 |
| Planning/Permitting | \$566,000 |
| Building Costs* | \$2,770,500 |
| Campaign Costs | \$98,500 |
| Program Operating Assurance | \$25,000 |
| Fundraising to Date | \$2,050,000 |
| Balance to be Raised | \$1,410,000 |

*Includes: Infrastructure/Sitework, \$1,500,000; Indoor Riding Arena \$800,000; General Conditions/Insurance/Fees \$220,000; Contingency, \$250,500.

Anonymous (3)
*O'Shaughnessy-Hurst Memorial Foundation
Jean and Ric Edelman
*TL Cline Foundation
NVTRP Board of Governors
*Reed Smith
Phillip L. Graham Fund
*Hillsdale Fund
MEBS Global Reach
Ronald L. and Ann G. Marlow
Jim and Mary Beth Carroll
The Pless Foundation
Martha Prine
Jeff and Sally Wilklow
Tom and Jeanne Capasse
Federal Acquisition Strategies
Leah Coxsey
Barry and Kim Trotz
Louise and Mark Foreman
Jacque and Richard Trefry

*Donated to the 2012 purchase of NVTRP's property, O'Shaughnessy Farm.

NAMING OPPORTUNITIES

| | |
|--|---|
| \$500,000 | |
| Indoor Riding Arena | (Reserved, Jean and Ric Edelman) |
| \$250,000 | |
| Outdoor Riding Arena Rider Observation Area Entrance to Indoor Arena Playground | (Reserved, Anonymous Donor) |
| \$100,000 | |
| Fields, multiple available Indoor Mounting Area Outdoor Mounting Area Driveway/Parking Circle | (One reserved by Ann and Ronald Marlow) |
| \$75,000 | |
| Roadway, two available | |
| \$50,000 | |
| Parking Space, multiple available Sidewalk Tack Room Playground Equipment | (Reserved, Philip L. Graham Fund) |
| \$25,000, Reserve Champion Donor | |
| Donor Wall of Honor Listing | |
| \$10,000, Blue Ribbon Donor | |
| Donor Wall of Honor Listing | |
| \$5,000, Red Ribbon Donor | |
| Donor Wall of Honor Listing | |
| \$2,500, Yellow Ribbon Donor | |
| Donor Wall of Honor Listing | |
| \$ 1,000, White Ribbon Donor | |
| Donor Wall of Honor Listing | |
| \$500 | |
| Tree | |